**Aviation and Range Training Exercise Kit List** 20-Mar-2024

**Situation:** Cadets in Level 2, 3, 4, and 5 will be participating in a **mandatory** 2-day training exercise at the 87 LHQ. Cadets will be sleeping over on Saturday evening and will be participating in some outdoor activities. Any cadet not properly dressed for the weather will be sent home.

**Drop-off:** 0800 hrs Saturday, March 23  
**Pick-up:** 1200 hrs Sunday, March 24  
**Location:** 87 LHQ  
**Dress:** FTU (or civilian clothing)

**Kit List**

◻️ Ontario Health Card

◻️ Signed Permission Form

◻️ Packed lunch for Saturday

◻️ Medication (only enough for two days)

◻️ Pillow

◻️ Sleeping bag

◻️ Single air mattress (optional, not cots)

◻️ Toiletries

◻️ Toothbrush

◻️ Toothpaste

◻️ Deodorant

◻️ Face cloth

◻️ Soap

◻️ 2x underwear

◻️ Pajama pants

◻️ Pajama shirt

◻️ Civilian footwear

◻️ Warm winter jacket

◻️ Winter gloves

◻️ Winter toque (cadet issued or civilian)

◻️ Hot liquid mug

◻️ Refillable water bottle

◻️ Cash for canteen (optional)

◻️ Empty, clean 2L pop bottle (if possible)

◻️ FTU uniform

(worn, otherwise wear civilian clothing)

◻️ FTU tunic

◻️ FTU pants

◻️ FTU boots

◻️ Belt

◻️ Beret

◻️ 2x blue undershirt

◻️ 3x grey socks

**DO NOT BRING:**

* Expensive jewelry
* Radio, iPod, MP3 Player
* Two way radios
* Knives
* Non-prescription Medications (Tylenor, Advil etc.. )