

Cadet Kit List – Niagara Challenger FTX – 13–15 Oct 2023

Health card (IMPORTANT)	Warm coat/parka
FTU uniform including:	Raingear (jacket/poncho AND splash pants)
• Pants, tunic, elemental t-shirt, headdress, boots, wool socks	Gloves
	Flashlight
• If you do not have a uniform then substitute camping / hiking clothing (preferably quick dry, avoid jeans)	Sunscreen
	Bug spray
	Water bottle (filled with water)
Warm Sweaters (1-2)	Hot drink mug
Pairs warm socks (4)	Warm sleeping bag, pillow, air/foam mattress
Appropriate sleeping attire (1-2 sets)	Blanket
Underwear (4)	<u>CANOEING – items that may get wet</u>
Hygiene Kit (soap/toothbrush/deodorant, etc.)	• Civilian pants (preferably quick dry, avoid jeans)
Towel	
Hand towel	• Civilian shirt
Garbage bag (for wet kit)	• Running shoes / water shoes
<u>OPTIONAL ITEMS</u>	
Wristwatch	Whistle
Chapstick	Pencil and Notebook
<i>All kit must be packed into a single duffle bag or large backpack that the cadet can carry on their own. All cadets are required to carry their own kit. No rolling luggage is authorized.</i>	

- **At NO time the following will be brought on any exercises:** Electronic devices, non-prescription drugs, cigarettes, cigars, vape for other similar items, knives or other cutting utensils, alcohol or mood-altering substances.
- This is not an exhaustive list. Cadets will be held to their personal conduct as per their signed Code of Conduct.
- Any cadet caught in possession of any of the above items will be returned home immediately at the expense of the Parents.
- Cadets who are deemed not to have suitable, or enough, equipment will not be permitted to participate in the exercise.
- All prescription medication and over the counter medication will be handed over to the Cadet Corps / Squadron upon arrival. It must be in the original container or prepared blister pack with the cadet's name and dosage clearly marked. It is the responsibility of the cadet to know when and in what dosage they need to take it.
- The Niagara Challenger Exercise is not responsible for any items lost during the trip but will make every effort in search of lost items.