

December 20, 2017

To : Parents/Guardians of Cadets from 87 Squadron Royal Canadian Air Cadet Squadron (RCACS) who are participating in the trip to Washington, DC and Baltimore, MD from March 10-15, 2018

The purpose of this letter is to formally advise you of the details of this trip and make you aware of the roles, responsibilities and liability of 87 Squadron RCACS the Department of National Defence / Canadian Forces, cadets and yourself. Your signature at the end of this letter will indicate that you have read and understand this letter, and accept the conditions and risks to your cadet and yourself under which this trip is being conducted.

Within the Canadian Cadet program, this activity is NOT part of the normal training program, and is described as an "Optional Activity" not funded by the Department of National Defence / Canadian Forces. Cadet attendance is voluntary only, and failure to attend has no effect on a cadet's career, promotion or selection for other training opportunities.

As an "Optional Activity", the Department of National Defence (DND) / Canadian Forces (CF) neither sponsors this activity nor provides supports for it. The Parents Sponsoring Committee (SSC) that supports 87 Squadron is the official sponsor for this activity.

For this activity, the official 87 RCACS escort is:

Capt. Ann-Marie Norio

For this activity, the official 128 RCACS escorts are:

Capt. Norm Behring
2Lt. Sharlene Wilson

A detailed itinerary for this trip is attached. It outlines daily activities, timings, locations, methods of transportation and accommodations that will be used.

***NOTE: Cadets will be supervised by officers of the Cadet Instructor Cadre (CIC) and Civilian Instructors (CIs) at all times except during "Free Time" periods as stated in the itinerary. These "Free Time" periods will permit cadets to take walks, go shopping or participate in other periods of relaxation not directly related to the trip activities.**

In accordance with cadet policies, cadets are prohibited from consuming alcoholic beverages or using illegal drugs. If these rules are broken, the following may occur:

- a. the cadet may be sent home at the parent's / guardian's expense
- b. the cadet may be prohibited from taking part in any further trip activities
- c. the cadet may lose cadet training and cadet membership privileges; and
- d. if injured while under the influence of alcohol or illegal drugs, medical insurance MAY NOT apply, and any resulting expenses could be the responsibility of the parent / guardian

Cadet shall have the following documentation in their possession before leaving home:

- a. their provincial health card (must be original, not a copy); it is suggested that you retain a copy of the health card at home
- b. photo ID / birth certificate (passport is recommended but not necessary)

The costs of obtaining the aforementioned documentation will be the responsibility of the cadet and / or their parent / guardian and will not be reimbursed by 87 Squadron or the SSC.

During authorized international trips and exchange programs, all cadets on strength at 87 Squadron are covered by the CF for emergency medical or dental care. Additional insurance coverage may be purchased by parents / guardians; however, they should check their own homeowners / renters' insurance policies and determine what coverage / benefits they may already have on these matters.

87 Squadron recommends that each cadet visit his or her doctor for a checkup to discuss the trip to Washington and Baltimore in March to ensure that there are no imminent health issues that could be a factor while in the U.S.

***NOTE; Cadets with allergies or asthma may be affected by the environment**

87 Squadron will be travelling with over-the-counter medications that may be administered if necessary and with parent's / guardian's consent. Only the assigned Staff Member will administer these medications. Dosage instructions will be followed as per package instructions. On the consent form below, parents / guardians are requested to initial if they agree or disagree to have certain medications administered to their cadet during the course of the trip.

Prescribed medications **MUST** be carried by the cadet in a pharmacy-labelled bottle with current doctor's orders clearly typed. Your cadet should bring only enough medication for the trip (plus a little extra in case of loss/spillage).

If your cadet requires a Medical Alert bracelet, please arrange for your cadet to wear it as recommended by your physician or pharmacist for life-threatening allergies or for complicated medical conditions. Complicated or multiple issues may require that a written, detailed explanation be kept on the cadet's person while travelling in case he or she is separated from the escorts, as previously listed.

Lieutenant Chris Bowman
Commanding Officer
87 Royal Canadian Air Cadet Squadron

The total cost of the trip, per cadet, is \$250.00. This includes transportation, accommodations and meals for the duration of the trip. Cadets will require spending money, preferable in U.S. funds.

*****A non-refundable deposit of \$50.00 is due on Wednesday, January 10, 2018 to secure your spot.*****

Final payment will be due on February 28, 2018.

If you require payment arrangements, please contact Captain Norio or the Parents Sponsoring Committee.

MARCH BREAK TOUR 2018

Transportation

Coach Canada – Motor Couch

Accommodations

Wyndham Garden Washington DC North
5811 Annapolis Road
Cheverly, MD
301-779-7700

Itinerary

10 March

0530 – Pre-departure – confirm kit, travel documents, meds, etc
0630 – Bus departure
0900 – Break – on route
1200 – Lunch – on route
1500 – Break – on route
1700 – Arrival at hotel
1830 – Supper
1930 – Free time
2130 – Lights out

11 March

0700 – Reveille
0730 – Breakfast
1000 – National Air and Space Museum (National Mall area)
1300 – Lunch
1400 – Tour National Mall
1730 – Supper
1830 – Return to hotel – Free time
2200 – Lights out

12 March

0700 – Reveille
0730 – Breakfast
1000 – National Museum Natural History
1300 – Lunch
1430 – Arlington Cemetery
1730 – Supper
1830 – Return to hotel – Free time
2200 – Lights out

13 March

0630 – Reveille
0700 – Breakfast
0900 – National Zoological Park
1330 – Lunch
1430 – Steven F. Udvar-Hazy Center (Air & Space Museum – Dulles airport)
1800 – Supper
1900 – Return to hotel – Free time
2130 – Lights out

14 March

0700 – Reveille
0730 – Breakfast
1000 – National Aquarium and waterfront – Baltimore, MD
1200 – Lunch
1300 – Continue tour of Aquarium
1530 – Shopping Mall – Arundel Mills – Hanover, MD
1800 – Supper
1900 – Return to hotel – Free time
2200 – Lights out

15 March

0600 – Reveille
0630 – Breakfast
0730 – Cleanup/prepare to depart home
0830 – Departure for home
1030 – Break – on route
1230 – Lunch – on route
1530 – Break – on route
1800 – Arrive

CONSENT AND RELEASE OF LIABILITY

1. By my signature, I _____ (Please print full name) the parent or legal guardian of _____ (Please print full name)

a member of the Royal Canadian Air Cadets, realizing the potential hazards associated with travelling away from the cadet squadron locality of Pelham, Ontario and taking part in cadet activities and training, on behalf of myself and my cadet, and my cadet's heirs, devisees, successors, assigns, executors and administrators, in consideration of my cadet being permitted to participate in a trip to Washington, DC and Baltimore, MD from March 10-15, 2018, hereby:

- a. acknowledge having read the terms and conditions of this optional activity not funded by the Department of National Defence, and indicate my understanding and acceptance;
- b. accept / do not accept (cross out non applicable) that my cadet will occasionally have "Free Time" without direct supervision;
- c. give the assigned Staff Member permission to authorize emergency medical treatment if required for my cadet;
- d. having determined that the activities involve potential hazards and may result in physical harm, and wishing in any event him/her (cross out non applicable) to carry out the activity voluntarily assume any risks that may be associated with the activity; and
- e. waive all claims of any nature or kind whether in contract, tort, negligence, or otherwise, against Her Majesty the Queen in right of Canada, Her officers, servants, agents, employees and members of Her Canadian Forces and 87 Squadron, its officers, servants, agents, employees and members, all in their employment and private capacities, in any manner arising out of, based upon, occasioned by or attributable to the activities of the, including negligence on their part, or any action taken or things done or maintained by virtue thereof.

Signature of parent / guardian

Signature of witness

Date

Parent Contact Information during Trip:

Name:

Daytime phone number:

Evening phone number:

Emergency Contact:

Name:

Phone number:

MEDICAL

2. Parents / Guardians are requested to initial if they agree or disagree to have the medications listed below administered, if necessary, by the assigned Staff Member to their cadet during the course of the trip.

TYLENOL 325 mg tablets for pain or fever will be administered according to package directives.

Agree: _____ Disagree: _____ (Initial applicable)

IBUPROFEN (Advil) tablets for pain relief, muscle pain and reduce fever will be administered according to package directives.

Agree: _____ Disagree: _____ (Initial applicable)

GRAVOL 50 mg tablets for travel nausea will be administered according to package directives.

Agree: _____ Disagree: _____ (Initial applicable)

DIPHENHYDRAMINE (Benadryl) for symptoms of allergic rhinitis, motion sickness and insect bites and stings will be administered according to package directives.

Agree: _____ Disagree: _____ (Initial applicable)

ROBITUSSIN DM syrup for cough suppression will be administered according to package directives.

Agree: _____ Disagree: _____ (Initial applicable)

3. Cadets that are travelling with prescription drugs are requested to list them below:

<u>Prescribed Medication (medication name, dosage, time taken)</u>	<u>Reason</u>
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4. Cadets are requested to provide a list of their known allergies:

5. Dietary Restrictions: