ROYAL CANADIAN AIR CADETS
87 EAGLE SQUADRON - WELLAND

FIELD TRAINING EXERCISE

All cadets from 87 Eagle Squadron are invited and encouraged to attend the Squadron Fall Training Exercise to take place at the Cadet Hall. The timings you need to be aware of are as follows:

25 Nov 16   6:00 PM -   Cadets to be dropped off at Cadet Hall. **You must be in possession of your health card** and have had supper.

27 Nov 16   12:00 PM -   Cadets to be picked up at Cadet Hall.

A kit list is attached outlining items that are required to be brought. The items listed are **NOT OPTIONAL**, they are required. Please bring any required prescription medication (only enough for the weekend, along with dosage instructions). Upon arrival at the Cadet Hall, please give any medications to the Officer in Charge along with your health card.

If you have any questions, do not hesitate to contact myself or the staff.

A.M. Norio, CD
Captain
Commanding Officer

Cut off and return to Officer in Charge at Drop Off.

PERMISSION SLIP – SQUADRON TRAINING EXERCISE – 25 – 27 NOV 2017

I give my son / daughter / ward permission to participate in the Cadet Training Exercise at the Cadet Hal.

Cadet's Name: _____
                             Print Name

_____
Signature of Parent or Guardian

List of Prescription Medication(s) – and instructions for administering

Parent/Guardian Contact Information for the Weekend
Home Phone Number –
Cell Phone Number -

KIT LIST

HEALTH CARD

Travel mug (necessary for hot drinks – Stryofoam and plastic will not be provided)
Water Bottle (re-usable)
Personal Hygiene Kit (soap, deodorant, toothbrush, toothpaste)
Towel and Face Cloth
Boots (hiking or other with ankle support)
Running Shoes
Underwear and socks (bring extra)
Sweater and jacket
Pants (3 pairs) **NOT JEANS**
Long Sleeve T-shirts (2)
Rain Gear
Sunglasses
Sunscreen
Winter Hat /Gloves
Sleeping Bag
Warm Blanket
Pillow

DO NOT BRING THE FOLLOWING:

Large air mattresses
Electronic Equipment
Alcohol
Tobacco/Tobacco products
Non-prescription drugs
Knives, chains, weapons of any kind
Pyrotechnics